Woodnewton News April 2023



To celebrate HM The King's Coronation

Sunday 7th May 2023

From 2:30pm Woodnewton Playing Field



Woodnewton Parish Council

Parish Council Report - March 2023

The Parish Council met on 6th March 2023

Public Time

No members of the public attended

Planning

NE/23/00150/FUL - No Objection

NE/23/00130/FUL – Objection lodged on the grounds of the building being outside of the planning boundary and not part of the original Class Q permission

Annual Parish Meeting

The annual meeting will be held on 7.30pm Tuesday 11th April at the Village Hall. This meeting is open to everyone so please come and give your views and hear what the Council has planned for the next 12 months.

Verges

The Parish Council asks all residents not to park on the grass verges where the new daffodils have been planted until they have finished flowering.

King Charles III Coronation

Fruit trees - Donations

To mark the Coronation, the Council plan to plant fruit trees for the benefit of everyone in village on a old plot at the allotments. This will be a living celebration of the occasion as well as echoing the original 'Orchards' that were situated in the village. A commemorative plaque will be also be unveiled.

If you would like to make a donation towards the cost of the trees and plaque please email woodnewtonpc@gmail.com or call me (Andrew Hansford) 01780 470752

The next Parish Council meeting will be 8.00pm Tuesday 11th April

Andrew Hansford - Parish Council Chairman

St Mary's Church News

Services at St. Mary's Church, Woodnewton April 2023

2nd April – 9.30 a.m. Holy Communion for Palm Sunday (Modern Language)

3rd – 5th April 6.00 p.m. Compline for Holy Week YARWELL

6th April 6.00 p.m. Maundy Thursday Service - A Passover with Jesus NASSINGTON

7th April 2.00 p.m. Good Friday Service

9th April - 9.30 a.m. Easter Communion Service

16th April – 9.30 a.m. Holy Communion (Modern Language)

23rd April – 8.30 a.m. Holy Communion BCP (Traditional Language)

30th April – 10.00 a.m. Benefice Holy Communion NASSINGTON

Every Sunday 5.00 p.m. A Service at Home by ZOOM. Log-in details from Rev. Jane

As I write this the blackthorn is in full bloom, and yes, we certainly had a "blackthorn winter" this year with all the snow and sleet! Gradually the trees will be putting forth new leaves and it will be a relief to see the new growth after the winter. Trees through the winter can look almost dead, but we know new life will come, and indeed that in the midst of the branches and trunks there is still much life in the form of insects, small mammals and the like, that take refuge during the colder months.

As April brings Holy Week and Easter, our newly blossoming trees seem to be a good image for our Easter hope. What seems hopeless will bring new hope, and where there seems to be nothing there is in fact hidden life. Recalling the image of Christ on the cross, all the hopes of so many seemed to be cut off, but three days later, new life burst from the tomb.

There seems to be so much to be anxious about at the moment, in individual lives and in our world; hopes seem to be dashed and life changed. May the Easter hope bring encouragement and may we seek the signs of life that are with us now, in simple acts of kindness and support, no matter how hidden they are. Happy and blessed Easter!

With every blessing,

Revd. Jane

Rev. Jane (jdtailby@aol.com 01780 782271)

What's On?

Join us to help out

CORONATION ORCHARD

Take part in the planting of our community fruit orchard at the Woodnewton allotments

Monday 8th May 2023

Join us from 10:00 am to 1:00pm



Bring your Own spade



If you would like to make a donation towards the cost of the trees and plaque please email woodnewtonpc@gmail.com

What's On?

The Friends of St Mary's Church, Woodnewton

present

MUSIC-MUSIC-MUSIC

SATURDAY, 13th MAY AT 7PM IN THE CHURCH

Songs from well known musicals

Performances by Instrumentalists

Upbeat songs from a small band

£12.00 with Ploughman's Supper (Licensed Bar applied for)

Ticket only event

Tickets available from:

Anne & Henry Galloway
01780 479235

henry.galloway@btinternet.com

Proceeds towards Toilet & Servery Project

What's On?

WHO LET THE MEN OUT?



A chance for all men from our local villages to meet and socialise over a tasty breakfast

(Apethorpe, Woodnewton, Nassington, Yarwell, Wansford and Thornhaugh)

Saturday 29th April 2023

8.30am - 10.00am

The Willow and Brook, Apethorpe, PE8 5DG

Full English breakfast and guest speaker Philip Matson speaking all about Salt!

RSVP to help cater with approximate numbers or for any queries please contact Ian Scott

mensbreakfast@btconnect.com

At the last Breakfast Mike Ashby of Armston Lodge Farm gave an informative and balanced talk on farming in the local area which was well received by a full turnout of 28 men from around the villages and the group made a donation to Mind of £61.

WANSFORD AND KINGS CLIFFE PRACTICE NEWSLETTER SPRING 2023

STAFF UPDATE

We are sad to say farewell to Dr Rosie Atterton who is leaving us for pastures new. However, we welcome Dr Dan Petrie who has joined us from Stamford. He is a welcome addition to our clinical team. This is what Dr Petrie's says...

. . . .

Hello, it's been great to have such a warm welcome from the team. I've been a local for 17 years since moving to the area after medical school in Sheffield. I completed my junior doctor and GP training whilst serving in the RAF and then worked as a NHS GP in Corby and Stamford for the most recent 10 years. I met my wife at medical school and we now have 4 children age 13 down to 3. In my spare time I enjoy catching up with friends, cycling, paddleboarding and helping to run a small group in our Church.

My main clinical interest is Mental health and personalisation, making sure the patient and their community is at the centre of their care. I founded the local charity MindSpace Stamford to help support the social aspect of support for those struggling with their wellbeing.

On my journey as a human I have become increasingly aware of the importance of listening, being more present to those around me and community and I look forward to making new friends here in this new chapter of my life.

We also welcome Dr Sophie Reiter who joined the team earlier this month. Here is what she says.....

Hello and thank you all for welcoming me so warmly to the surgery.

I have recently moved to the local area from Cambridge with my husband, 2 young girls and our Rough Collie, in order to pursue our outdoor hobbies such as hiking, cycling and running, and to settle into family life. In my quiet moments, I enjoy knitting and crochet, a hobby which I started during my first maternity leave, going on to make a complete set of play fruits and vegetables!

My main clinical interests are Women's Health and Contraception, alongside quality improvement and teaching, and I am looking forward to making a positive impact in the surgery.

Dr Sophie Reiter



PRACTICE LIST SIZE

Our list size has grown considerably over the last 3-4 years. We now have almost 10,000 patients. We have therefore closed our list to out of area new registrations. Existing patients who move outside our boundary will need to register with another GP Practice. You can check your address on our website here https://www.wansfordsurgery.co.uk/practice-information/new-patients/catchment-area/

We have taken on more clinical and administrative staff to accommodate our increasing patient numbers.

ZERO TOLERANCE

We have noticed an increase in verbal abuse to our reception staff. They are doing a very difficult job and they do so within the parameters of what we have to offer. They do not block you from seeing a doctor, they work within strict guidelines set down by the partners and doctors at the surgery. They will often signpost to the most appropriate service or clinician, this is not always a GP. They are trained to ask the nature of the ailment in order to do this. They adhere to our strict confidentiality policy and will not divulge any information to third parties. In addition they will not give any patient information to anyone other than the patient themselves unless we have written agreement to do so.

BLOOD PRESSURE UPDATE

As the NHS is busy we are always finding alternate ways of managing appointments and conditions but still provide the best service we can. We have been looking at how we manage blood pressures in particular.

We have a number of different health professionals working in and across the surgery and pharmacy so utilising these clinicians is one way of providing a quicker and better service when it comes to looking after your blood pressure.

As a patient we may ask you to take your blood pressure using one of our blood pressure monitors located in each entrance to the surgery at Wansford and at our branch surgery in Kings Cliffe. If you have never had blood pressure problems and your reading is above 140/90 we will then sign post you to the pharmacy team at Wansford. Here the Pharmacist Gareth or Sanjay will repeat it and then will offer you a blood pressure machine to wear over several hours to get an average BP. This is what we call the 'GOLD STANDARD' in diagnosing hypertension (high blood pressure). If the average reading is above the 140/90 our clinical pharmacist will call you and chat about medication and lifestyle changes which can help.

If you already have blood pressure issues and you're on medication already we will ask you to do a blood pressure in the surgery and if this above 135/85 will ask you to do a blood pressure diary. This involves taking your own blood pressure twice daily for 7 days and hand it in to reception.

If the average from these recording are above the 135/85, we will again ask our clinical pharmacist to call you and discuss adjusting any medication we feel may be needed.

The blood pressure protocol is now used across the surgery and if reception or a clinician ask you to follow this criteria please understand why they are asking this.

COMMUNICARE (Wansford & Kings Cliffe Practice Patient Participation Group) 41st ANNUAL GENERAL MEETING

will be held on

Wednesday 29th March 2023 In the reception area of Wansford Surgery at 5.30pm

All patients are invited to attend this open meeting.

Along with the Chairman and Treasurer's reports there will be an update from the Practice partners and (re)election of officials.

Anyone wishing to take an active role in the Group is welcome

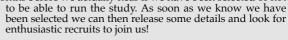
to stand for this election.

WANSFORD RESEARCH UPDATE

The team have several new studies in the pipeline for the year ahead and more details will be released in due course.

We choose to participate in studies if we think it's the right study that would benefit our local population and it enhances medical research to find potential new treatments for diseases. Some of the studies we've been previously been involved in are Cardiovascular studies, Respiratory studies, Covid19 vaccines, Dermatology and Diabetes studies to name a few

Each study that we express our interest in has lots of regulatory approvals to go through in the UK which can often mean we have several months before we actually hear if we have been selected or not



Over the coming months we may be sending out some information via text messages or email if we think you may be suitable to join a study. Please do message us back if you are interested. Its purely voluntary

In the meantime if you would like to register your name at our site on a general level to be added to a waiting list for interest in research studies then please do that now. You can email: laura.costello3@nhs.net or you can phone and leave a message on 01780 781623



The Research Team (left to right: Ash, Paula, Lorraine, Laura)







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Nassington Pre-school.com 1780 783844 Massington Pre-school









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WOODNEWTON PARISH COUNCIL

King Charles III Coronation

Coronation Picnic: Sunday 7th May 2.30pm onwards



Coronation Fruit Trees - Donations

If you would like to make a donation towards the cost of the trees and plaque or you are able to help set up the picnic please email woodnewtonpc@gmail.com or call Andrew Hansford (Chairman) 470752



Upcoming Events - Dates for your diary:

BYO Evening - 5th May 6pm-10pm Bingo Night - 3rd June Boules and Beer - 5th August

Hall bookings may be made with Marilyn Jenner on 01780 470758 or villagehallwoodnewton@gmail.com, but are subject to change if the regulations change.

Under the current circumstances we may refuse bookings.



https://www.facebook.com/WoodnewtonVillageHall/.

Useful Numbers and Information

Parish Council Clerk woodnewtonpc@gmail.com

Village Hall Booking Marilyn Jenner 01780 470758

villagehallwoodnewton@gmail.com

Neighbourhood Watch woodnewtonnw@googlemail.com

Police 101 Ext 345306 for PCSO Artur Pereira

artur.pereira@northants.pnn.police.uk

Doctors Surgeries Oundle 01832 273408

Wansford 01780 782342

Veterinary Surgeries Oundle 01832 273521

Yarwell 01780 783910

Newsletter & Website Contacts

Newsletter Team:

Grant Neville, Ann Galloway, Janet Gibson, Jane Martin, June Moore, Ivan Walker.

Advertising: Ivan Walker, Tel 01780 470438

Contributions: We are always happy to receive articles for publication. Please send articles by email whenever possible to newswoodnewton@gmail.com.

We prefer pictures in jpg format and hi resolution whenever possible.

Handwritten / non-electronic contributions can be delivered or sent to:

June Moore, 5 Lindsey Close.

Closing date for all copy 14th of previous month.

Recent issues available here: http://woodnewtonhub.co.uk/village-newsletter/

The Newsletter is edited and published by Grant Neville, 20 Orchard Lane, Woodnewton.

Any views expressed in the Newsletter are not necessarily those of the Parish Council unless otherwise stated.

Website: http://woodnewtonhub.co.uk

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