

WOODNEWTON NEWS

OCTOBER 2019



The produce table at the allotments has raised over £300 for charity this year. Thanks to the allotment holders and all of those who donated!

(photo: Matthew Roberts)

News and Reports

Woodnewton Parish Council

Parish Council Report – September 2019

The Parish Council met on 2nd September

Parish Clerk

The Council welcomed Amy Miller in her new role as Parish Clerk and RFO. Amy lives in the village and came forward in response to our appeal for a new Clerk. The Council believes it is always better to have someone who lives in the village, and therefore has an active interest in what goes on, in the role.

John Thorpe our previous Clerk attended the meeting as part of the handover process. John has been a fantastic Clerk and got to grips with a lot of changes in processes and procedures as a result of many changes to regulations such as GDPR. John offered sound advice to the Council and ensured that meetings ran smoothly and that all Councillors were fully informed of issues before decisions were made. John will be hard act to follow and the Council, on behalf of the whole village expressed thanks to John for all his work.

Public Time

A representative of the Woodnewton Players outlined further details on the proposed footpath widening affecting the path running alongside the Village Hall from the rear exit door to the kitchen door. The footpath would be widened by 450mm using traditional paving slabs lying adjacent to the current gravelled 900mm width cutting into the grass bank to create a gentler gradient of definition and slabs as required for steps. The Players will undertake the work and have requested to make the change following someone slipping over on the grass last year. Council agreed to the proposal.

Speeding

A representative of ENC Highways attended the meeting to explain how the Council may be able to take advantage of a scheme which supplies vehicle activated speed warning signs to small parishes. A portable sign could be moved to different points around the village where speeds are highest. The devices may also collect data on the speeds of vehicles at different times of the day which could be used as evidence if the Council wishes to pursue further speed reduction programmes in the future. Funding options including grants may be available and the Council is actively following up this opportunity.

Overhanging Hedges

As always at this time of year, the Council request that any householders with hedges or trees that are overhanging the footpaths cut them back. Footpaths, especially on Main Street, are narrow and children, pushchairs etc should not be forced out into the road. Your help in keeping the paths clear is greatly appreciated.

Bonfire site

The Bonfire site will be marked out and open to residents at weekends only from Saturday 12th October, up until the Fireworks night. As in previous years the access gate will be locked during the week to prevent illegal dumping by Contractors working in surrounding Villages. Please note that bonfire site is not a general dumping ground for garden waste

outside of the 'Open' period. Waste must be taken to a municipal site, and residents found dumping waste will be asked to remove it. Any rubbish burnt on the site over the rest of the year is from work done by the Parish Council only.

The next Parish Council meeting will be on Monday 14th October at 8.00pm

Andrew Hansford - Parish Council Chairman

St Mary's Church

October Church Services at St. Mary's

6th October 9.30 a.m. Sung Holy Communion (Modern Language)

13th October 11.00 a.m. All Age Harvest Celebration Service

13th October 6.00 p.m. Traditional Harvest Festival

22nd October 9.30 a.m. Sung Holy Communion (Modern Language)

29th October 8.30 a.m. Said Holy Communion (Book of Common Prayer)

We're going to be using our church noticeboard more regularly, so information about services and other things happening will be posted there. Keep watching!

13th October - HARVEST CELEBRATION SUNDAY.

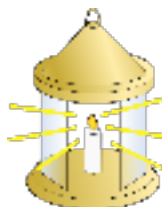


We're celebrating Harvest with two services on 13th October. We will be having our second informal, relaxed worship service at our new time of 11.00 a.m. themed around Harvest – and we have the joy of a baptism as well!

We'd still love to hear from anyone else who would like to take part in the music at this service (contact Rev. Jane 780782271 or Lisa Wakerley)

In the evening we will have a traditional Harvest Festival service.

At both services Harvest gifts suitable for the Foodbank (so non-perishable goods) will be collected as a sign of our thanksgiving and our sharing of God's good gifts.



Thursday, 31st October – LIGHT PARTY in church. 5.30 – 6.30 p.m.

Activities, treasure hunt and refreshments! Come along for the whole session or just drop in.

Everyone welcome!

Just a reminder for those readers in the village that there is a book stall within the church on the 'bier'. In recent weeks, there have been many new titles appear and I am sure that there is something to suit everybody's taste. Books are reasonably priced at 50p each or 3 books for a £1. All money goes to help keep the fabric of the church in good condition. The church is usually open between 10am and 4pm.

Should you have any fiction that you want to dispose of, please leave the books beside the bier, or email me to arrange collection. Thank you. Marilyn Jenner
jennervalley@gmail.com

Communicare News

Our annual general meeting held in September proved to be a lively, at times emotional, but productive session. Unfortunately Dr Nally, the advertised speaker could not attend so Dr Takhar kindly stepped in with a talk on cardiology and cardiovascular disease – he presented rather staggering and worrying statistics for national death rates – one every three minutes – and highlighted other associated conditions such as high blood pressure, strokes and diabetes. Medical response to heart attacks along with monitoring and managing these illnesses has improved in recent years, but he stressed the importance of self-help - good diet, physical exercise and no-smoking as prevention and precaution. However there is no cure for these conditions and many have genetic substance – early intervention can be key to slowing progression and this is now helped by annual health checks being available for all over 40s. Much earlier inter-action with the younger generation could avoid later-in-life problems – monitoring suspect young people whilst still in education and providing plenty of helpful lifestyle advice as they grow up.

Missed appointments still continue at approximately 70 per month despite all efforts to reduce. The present arrangements to deal with incoming contact from patients is working well but Dr Takhar reported on future plans to introduce an online messaging system. Patients or their carers would be issued with passwords allowing them access – their emails would be dealt with on receipt and directed to the correct person – urgency would also be taken into account. Further details on this should become available in the near future.

Chairperson Clare Wagstaffe presented her report which confirmed her decision to stand down and gave an account of her involvement with the PPG from the time it was initially formed by Dr John Holland – she will, however, continue to organise the social group's activities, and thanked everyone for their support over the years wishing the PPG continued success. Rev David Parkes, took the opportunity to formally thank Clare for all her hard work and dedication over the 39 years she had served the PPG. She was presented with gifts and flowers from her colleagues and the practice.

Following the resignation of Mrs Wagstaffe and with no other nominations, Rev David Parkes was elected as Chairman with Mr David Hellard as Vice-Chair. Mrs Lindsay Freeman and Mrs Wendy Spencer will continue in their respective roles as Treasurer and Secretary along with Mrs Heather Gough as an official. A request for additional people resulted in three patients indicating interest - they will be invited to attend the next officials' meeting.

Dr Takhar gave details regarding the proposed development of healthcare facilities in Kings Cliffe. This is an ongoing project at early stages but he emphasized the practice's commitment to retain their presence in the village. The plan to build a 'step-down' facility adjacent to the Wansford surgery was further down the line although the original plan for it to be associated and funded by the NHS through Peterborough Hospital had now been rejected. Discussions are taking place with alternative sponsors which may result in the facility being a 'nursing home' but could still serve the wider community around Peterborough.

Thirty members of the social group enjoyed their late summer break in St Leonards-on-Sea. Coffee mornings continue on Friday 18th October and 15th November at the Kings Cliffe Active Hall 10.00am. We are delighted that although Clare has stood down as Chairperson of the patient group, she will be continuing with her role of organizer of all social events and holidays –her contact details for any enquiries: 01780 470437 or email: superfoguk@aol.com

Wendy Spencer

Communicare News

Wansford & Kings Cliffe Practice

IMPORTANT ANNOUNCEMENT TO PATIENTS

Influenza Vaccination Programme 2019

Walk-in clinics at both Wansford and Kings Cliffe as follows:

Saturday 26th October 2019 : Wansford Surgery : 8.30am-12noon

Saturday 23rd November 2019 : Kings Cliffe Surgery : 8.30-11.30am

Wear loose fitting sleeves - the nurse will need to get right to the TOP of your arm.

Note: If you attend the Wansford clinic you may use any of the three car-parks.

At the recent AGM of Communicare Mrs Clare Wagstaffe resigned her position as Chairperson and presented the following report to the meeting. As many local patients may be unaware of the facts and history of the Group, this might be of interest.

In September 2018 I gave notice of my intention to stand down from the Committee of the PPG at this year's AGM which is our 39th. I have been involved since the very beginning, so my decision was taken with very mixed emotions.

I feel it appropriate at this time to give a brief summary about the PPG (Patient Participation Group) and its beginnings, for those who are not aware of the facts. Back in 1981, Dr John Holland, who was the single-handed GP at Kings Cliffe Surgery, decided that patients should have more involvement in their local practice ('Patients have more to offer their GP's than their illnesses'). The aims of the PPG were threefold:

- To help yourself – health education talks, becoming better informed.
- To help others – The social group, voluntary transport, prescription delivery, news etc
- To help the practice - Being a mechanism for discussion and feedback. It has also resulted in a large amount of equipment being purchased to increase patient comfort and care – over £100K since the outset.

Dr Holland also felt there was a need to remove the sense of isolation from elderly patients in rural areas. Situations had moved on and extended families were often no longer able to offer support. To these ends he paid for a coach to go around the villages once a month and bring the elderly into a central/social environment and at that time nurses or a health visitor would join us for coffee and a chat. All this was very forward thinking within the medical community - we have a lot to thank the late Dr Holland for. These gatherings were originally at Apethorpe Hall (now Palace!), then for many years at Laxton Hall. Since then we have met at Yarwell Village Hall and now at Kings Cliffe Active Hall. These events are still well supported with additional short break holidays each year and several summer day trips - This year our destinations were Weston-super-Mare and St Leonards-on-Sea.

We are very lucky that when Dr Gill Tuck, Dr Amrit Takhar and Dr Rhiannon Nally joined the Practice they were all equally supportive of the concept of the PPG and Drs Takhar and Nally continue to encourage and develop the PPG today.

I feel the time is now right to step down and for fresh blood and ideas to take over. I have enjoyed all the involvement and seen many changes (some good - some not so good!) and I shall be happy to continue to serve the PPG, in the background, with particular emphasis on the organization of the group's social activities for as long as I am able and needed. My thanks for all the support I have had over the years and I wish the PPG continued success and development.

Clare Wagstaffe

What's On?

Autumn Clean-Up

The Autumn Clean-up will take place on **Sunday 13th October. 10.00am** at the **Village Hall**. Tasks big and small to suit all ages/fitness levels. This is a great opportunity to join in with your fellow residents and help to keep your village somewhere we can all be proud of. Meet friends new and old. Enjoy home-made refreshments. Please bring basic tools/wheelbarrow if possible.

FIREWORKS & BONFIRE A WOODNEWTON TRADITION

SATURDAY 27th OCTOBER

GATES OPEN 6.00pm

FIREWORKS 7.15pm

REFRESHMENTS AVAILABLE

Prizes for best guy and pumpkin.

ADVANCE PURCHASE TICKETS AVAILABLE FROM

The White Swan, Woodnewton or Eunice Williams (01780 470708).

In advance – Adults £4, children £3, family (2+2) £11

On the gate – Adults £5, children £4, family (2+2) £15

Get on your dancing trousers:

There will be a Northern Soul / Motown Night village hall on Saturday 30th November. If you are not sure what Northern Soul is check it out on youtube. It is great fun and a vinyl only event (records) We have 4 DJ's cued up and a bar to raise funds for St Marys Church kitchen/toilet fund.

Woodnewton Cinema

Our last screening, 'Bohemian Rhapsody' was well attended, during the evening the audience voted for 'Fisherman's Friends' to be screened on November 9th. The film is based on how the real life Fisherman's Friends singing group from Port Isaac found fame, I am sure this will be a popular film so keep an eye on November's newsletter for ticket details.

We will also be hosting a Breakfast morning at the Village Hall on November 16th to help raise funds for our own video and sound system. Keep your eye on the next Woodnewton News for further details.

What's On?



Quiz Night
Plus a pudding (or two!)

Saturday 12th October 2019
7.30 for 8.00 start
At Woodnewton Village Hall

Tickets - £5.00 per person
includes - Pudding
(Bring your own drink & glasses)

Teams of up to 6 people

Tickets available from
boocoffanwoodnewton@gmail.com
Or
01780 470789

**Nene Valley
Care Trust**



QUIZ



Quiz with fish & chip supper
Saturday, October 12th, 2019
Ellon Village Hall 7-10pm

Tickets £15, including supper and 1st glass of wine
List bookings on October 8th.
No tickets available on door

Tickets available from
Ellon Shop, 'Would Be'chers,
Hawkinglin' Street and
Piscella. Policy 01780 782415

TEAMS of up to six. BAR and RAFFLE

SUPPORT NECT - your local charity caring for children
Anxious for young people's learning care
www.nect.org.uk

Nene Valley Railway

This winter, Nene Valley Railway will bring customers a brand new experience... A 60 minute Winter Light Spectacular for adults and older children!

Arriving at Wansford, passengers will gather on the platform for the big reveal then once on-board the heated carriages, they will find their allocated seats, sit back and enjoy a magical train ride, viewing the beautiful light displays between Wansford and Overton Station while a musical accompaniment adds to the spectacle.

There will be a short interval as the train changes ends at Peterborough, before the fairy-tale journey home to Wansford the turntable café will be open until the train's departure, offering a selection of hot and hearty snacks. Please note that Santa will not feature at this event, as he's busy on the railway's Santa steam experience.

The WinterLight Spectacular is confirmed for the following dates:

November 15, 16; December 4, 6, 7, 13, 14 18, 20, 27, 28; January 2020 3, 4.

Nene Valley Railway • Wansford Station • Stibbington

Peterborough • PE8 6LR

T: 01780 784444 • www.nvr.org.uk

THE CRITICS

The New Village Website. - A review by the Newsletter arts and Culture Correspondent

In an era when all the grandchildren are forever on their iPads, iPhones and the working youth of the nation have embraced the digital era, your Newsletter Arts and Culture correspondent has reviewed the new village website, and what a grand thing it is.

The designer was of course Mr Grant Neville, our noble Newsletter Editor. There are all sorts of useful info there, with links to history groups, neighbourhood watch, Woodnewton players and soon to come, local services. Also a digital version of the village newsletter can be downloaded and past editions reviewed. If you have not seen it yet, it is there to enjoy at www.woodnewtonhub.co.uk.

As a vehicle for publishing village events, this could be a game changer, with opportunities for all to inform, publicise and promulgate village events, such as garage sales and “what’s on” and in near real time. If we can encourage all to use it and develop it, it will do much to improve our village community by greatly improving communication with just the click of a mouse.

Congratulations to Grant Neville who has further developed the website design; it is creative and easy to use.

The Newsletter Arts and Culture Correspondent

PS. For those who hate this new-fangled Computer Stuff, and for those who only have an I-ron (get it!), a hard copy of the newsletter will still be available.

Advertise in Woodnewton News

Did you know you could advertise your local business or service here for only £60 per year? **Woodnewton News** has a limit on the number of ads we place in our issues. Three spots are currently available. Adverts work best if they are formatted as landscape shape of 1/3 A5 (or A4). You could take a whole page if you wish!

Unlike Google we don’t spy on you!

Please email us at newswoodnewton@gmail.com if you are interested.

NEED A BABYSITTER?

Hello, my name is Alice and I’m a 17-year-old sixth form student at Kings in Peterborough. I have plenty of experience minding the young children of family and friends, and have worked as a babysitter before. I live in Woodnewton and am happy to babysit anywhere in the village.

To arrange babysitting, please phone me on 01780 471 092.

Hatha Yoga Classes

Mixed Ability

Woodnewton Village Hall

Wednesday 7.00 pm – 8.15 pm

£8.00 drop in / £40.00 six weekly pass



Gentle Yoga and Movement

Woodnewton Village Hall

Friday – 10 am – 11am

from 7th June

(£7.00 drop in)

Suitable for all – especially beginners, those new to exercise, those with or recovering from injury or mobility limiting conditions and those more senior in years. (chairs can be used in this practice)

- Increase flexibility and mobility
- build strength and stamina.
- Learn techniques to help you relax
- Reduce stress and cultivate mindfulness



For more details: call or text Elaine on 07867 367353 (01832 280247)

Email: salayogauk@yahoo.com

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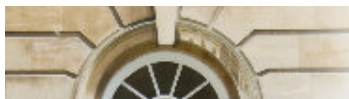
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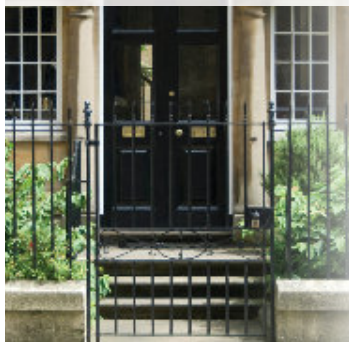


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Please mention Woodnewton News when responding to adverts



Book the village hall by calling Marilyn Jenner at the number below.

Gigaclear have kindly agreed to provide fibre broadband and wifi service to the village hall for another year.

Useful Numbers and Information

Parish Council Clerk	woodnewtonpc@gmail.com
Village Hall Booking	Marilyn Jenner 01780 470758
Neighbourhood Watch	woodnewtonnw@googlemail.com
Police	101 Ext 345306 for PCSO Artur Pereira artur.pereira@northants.pnn.police.uk
Doctors Surgeries	Oundle 01832 275375 Wansford 01780 782342
Veterinary Surgeries	Oundle 01832 273521 Yarwell 01780 783910

Newsletter & Website Contacts

Newsletter Team:

Grant Neville, Ann Galloway, Janet Gibson, Grant McLeod, Jane Martin, June Moore, Ivan Walker.

Advertising: Ivan Walker, Tel 01780 470438

Contributions: We are always happy to receive articles for publication. Please send articles by email whenever possible to newswoodnewton@gmail.com.

We prefer pictures in jpg format and hi resolution whenever possible.

Handwritten / non-electronic contributions can be delivered or sent to:

June Moore, 5 Lindsey Close.

Closing date for all copy **14th** of previous month.

Recent issues available here: <http://woodnewtonhub.co.uk/village-newsletter/>

The Newsletter is edited and published by Grant Neville, 20 Orchard Lane, Woodnewton.

Any views expressed in the Newsletter are not necessarily those of the Parish Council unless otherwise stated.

Website : <http://woodnewtonhub.co.uk>

Submissions for material to be hosted on the Woodnewton Hub website should be emailed to newswoodnewton@gmail.com.

This month in colour!



Plastic recycling

A comprehensive list of plastic items you can and cannot put in your green-lidded recycling bin.
Simple rule - if it's not in the Yes please section, don't put it in!

Yes please!



No thanks!



reduce**reuse****recycle** in East Northamptonshire

www.east-northamptonshire.gov.uk/waste