# **WOODNEWTON NEWS**

## **January 2016**



Is Cleopatra right to look so serene or will her evil brothers succeed with their dastardly plan to steal the throne of Egpyt from her?

Find out at The Woodnewton Players' 2016 pantomime!!



The Parish Council met on 7th December

#### **Public Time**

Our Police Community Support Officer, Nadia Norman attended the meeting and spoke about the need for residents to report suspicious vehicles and persons. Nadia also reported on a suspicious pair posing as window cleaners. Any suspicious activities can be reported via the 101 number. It is always better to report concerns as it may help the Police with enquiries regarding crimes in other villages. For urgent issues or suspicious activity in the night ring 999.

## Matters arising from previous meeting

2 recent planning applications have been given the green light by ENC while a third has been refused.

#### **Planning**

Council discussed 1 change of use application, which was returned without objection. The Parish council has adopted a new protocol for dealing with planning applications in line with recently published good practice.

#### Aircraft Noise

Wittering air base has responded to a resident who raised concerns about aircraft noise and low flying over the village. Five training units now use Wittering and the Air Traffic zone extends 5km from the base. Aircraft are not allowed to fly below 1500m. People living in less populated areas will see some low flying training.

#### Cemetery

There will be no change to the charges for 2016.

### **Budget & Precept**

For the first time in a number of years the Council agreed not to increase the precept for 2016/17 so the annual income for the council will remain at £11800.

The next Parish Council meeting will be on Monday  $4^{th}$  January 2016 at 7pm

By the time you read this Christmas will have passed and the New Year will be upon us. Have you thought about one of your new year's resolutions being to get more involved in village life? There are many groups (not just the Parish Council) who are always in need of fresh faces and new ideas. We have a great community, with so much happening, but these groups and events don't happen by themselves. I know that you will be made very welcome however much you want to join in and no matter what you get involved in.

On behalf of your Parish Council, I wish you a very happy New Year.

Andrew Hansford - Parish Council Chairman

#### **Church News**

#### **Christingle Service**

Eight children and their parents joined in the fun of making the Christingles and then learning about what they stand for. During the service that followed, many of the children took part in reading the lesson and prayers. All the children stood underneath the Christmas Tree which had been lit after singing the hymn 'Shine jesus Shine'. The Christingles were then lit and the lights dimmed.

#### **January Services**

3rd	Sung Holy Communion	9.30am
10th	Morning Prayers	9.30am
17th	Sung Holy Communion	9.30am followed by coffee
24th	BCP said HC	8.30am
31st	Benefice Service at Apethorpe	10.00am

#### HAPPY NEW YEAR FROM NEIGHBOURHOOD WATCH

Here's some sound advice from the Neighbourhood Watch network on the subject of scam emails to prepare you for the new year:-

Internet email is frequently used to deliver unwanted material which is at best, annoying and at worst, malicious – causing considerable harm to your computer and yourself. The vast majority of email sent every day is unsolicited junk mail.

Examples include: Advertising, for example online pharmacies, pornography, dating, gambling; Get rich quick and work from home schemes; Hoax virus warnings. Hoax charity appeals; Chain emails which encourage you to forward them to multiple contacts (often to bring 'good luck').

Here's how to spot spam/suspicious email:-

- You don't know the sender.
- Contains misspellings (for example 'p0rn' with a zero) designed to fool spam filters.
- Makes an offer that seems too good to be true.
- The subject line and contents do not match.
- Contains an urgent offer end date (for example "Buy now and get 50% off").
- Contains a request to forward an email to multiple people, and may offer money for doing so.
- Contains attachments, which could include .doc or .xls or .exe files i.e. potential virus risks to your computer

"Phishing" is a scam where criminals typically send emails to thousands of people. These emails pretend to come from banks, credit card companies, online shops and auction sites as well as other trusted organisations. They usually try to trick you into going to the site, for example to update your password to avoid your account being suspended. The embedded link in the email itself goes to a website that looks exactly like the real thing but is actually a fake designed to trick victims into entering personal information. The email itself can also look as if it comes from a genuine source. Fake emails often (but not always) display some of the following characteristics:-

- The sender's email address is different from the trusted organisation's website address.
- The email is sent from a completely different address or a free webmail address.
- •The email does not use your proper name, but uses a non-specific greeting such as "Dear customer."
- A sense of urgency; for example the threat that unless you act immediately your account may be closed.
- A prominent website link. These can be forged or seem very similar to the propeaddress, but even a single character's difference means a different website. A request for personal information such as username, password or bank details.
- You weren't expecting to get an email from the organisation that appears to have sent it.
- The entire text of the email is contained within an image rather than the usual text format. The image contains an embedded link to a bogus site

### Finally - How to Use email safely:-

- Do not open emails which you suspect as being spam.
- Do not forward emails which you suspect as being spam.
- Do not open attachments from unknown sources.
- Do not readily click on links in emails from unknown sources. Instead, roll your mouse pointer over the link to reveal its true destination, displayed in the bottom left corner of your screen. Beware if this is different from what is displayed in the text of the link from the email.
- Check junk mail folders regularly in case a legitimate email gets through by mistake.
- If you are suspicious of an email, you can check if it is on a list of known spam and scam emails that some internet security vendors such as McAfee and Symantec feature on their websites.
- Most email clients come with spam filtering as standard. Ensure yours is switched on.
- Most spam and junk filters can be set to allow email to be received from trusted sources, and blocked from untrusted sources.



## Woodnewton Veggie Cobbler



#### Ingredients

Vegetable sauce: Olive oil

2 leeks

1/4 of a cabbage

1 Jerusalem artichoke

1 parsnip

1 swede

2 large carrots

150g red split lentils

1 vegetable stock

cube

2 cloves of garlic

Herbs

Scone topping:

1 egg from village source

330g self-raising

flour

110g

butter/margarine

110g cheese

Parsley

Chervil

6tbs milk

1 tsp. dry mustard Pinch of salt

Serves 4 hungry people!

#### Method:

- Pour a generous amount of oil into a large, heavy-bottomed pan and heat.
- 2) Clean and chop the leeks and garlic.
- Add leeks and garlic to pan, cover and cook for 5 mins, stirring occasionally.
- Peel and chop the swede, parsnip, Jerusalem artichoke and carrots. Add veg to pan.
- Add stock cube and lentils, keep occasionally stirring the veg mixture. Chop the cabbage.
- 6) Cover veg in boiling water.
- 7) Add cabbage to other veg, turn up heat and bring to the boil. Once boiled, reduce temperature, cover and simmer for 20 mins.
- 8) Preheat the oven to 200°C.
- Measure the flour into a bowl.
- Grate both cheese and butter. Rub the butter into the flour.
- 11) Add the grated cheese and stir in a handful of finely chopped chervil and parsley and a tsp. of mustard. Add the milk and mix to form a pliable dough.
- 12) Transfer veg mixture to an ovenproof dish.
- 13) Roll dough into small balls (around 35g each), flatten slightly and place on top of veg mixture.
- 14) Put completed dish into the oven and bake for 25 mins until golden.

Recipe developed by Anouk van Royen

#### Communicare

It was a pleasure to see so many patients at our last meeting, probably because we were offering the opportunity of a demonstration of the new robot system in the pharmacy – however it is hoped that those attending found the business meeting beforehand interesting and informative – enough perhaps to encourage them to come along again to our next meeting in March, when the guest speaker will hopefully be a specialist dietician.

We also welcomed the surgery's new reception manager, Annette Johnson, who will also be assisting Kirstie Lawes, the practice manager. It was reported that the new ECG machine had been purchased from Communicare funds and was now being well used by staff.

Thanks were expressed to John and Elizabeth Peake for their generous donation given in recognition of services provided by the practice over the years prior to their recent move to Wimbledon.

A report was given by Rev Parkes and Wendy Spencer, who both represent the practice on the Borderline Patient Forum, and as Chairman and Vice-Chair of that group also attend meetings of the joint LCGs (Peterborough and Borderline), and the Patient Reference Group of the CCG. In view of the progress that has been made within the two LCGs in setting up successful working arrangements, it has been decided to 'merge' the two organisations by creating a new body with effect from next April. This could have an impact on the structure of patient representation on the LCG which has to be resolved and the current two patient forums, Borderline and Peterborough, are in discussion regarding their own future format.

It was confirmed that the Oundle surgery is transferring to the Lakeside Consortium in Corby, but it is envisaged that they will continue within the working arrangements of the local LCG - all surgeries in Stamford are also transferring to Lakeside.

In relation to services for older people's care, information was requested about promised updates on progress of implementation by Uniting Care Partnership. However following the meeting, on Thursday 3rd December it was announced that UCP had terminated their contract with the CCG due to financial problems. All staff and services have been taken over directly by the CCG and patients will continue to receive care and services already in place. It was confirmed that phlebotomy services are still being provided by the practice, but if patients cannot be offered convenient appointments they can attend the City Care Centre.

Following the meeting everyone enjoyed a demonstration of the new robotic system installed in the pharmacy – our grateful thanks to Emily, the pharmacy manager, for providing an interesting and informative explanation of how new stock is processed, prescription entry into the system and how the machine then picks and issues the items requested.

Wendy Spencer

# Gary's next Village walk

## will be on Saturday 9th January

## Starting at Barrowden Village pond

## at 10am

#### Police and Crime Comissioner's Awards

Do you know someone who has made a remarkable and outstanding contribution to making Northamptonshire the safest place in England? If you do please nominate them for the Commissioner's Award 2016.

The Commissioner's award is for individuals who live or work in the county and must meet a minimum of one of the following:

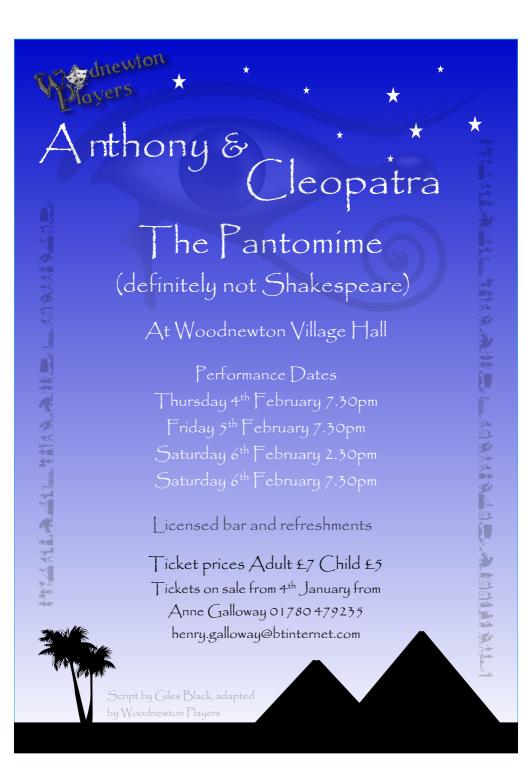
- Who has helped their county or fellow residents through one or more extraordinary acts.
- Who has significantly contributed to reducing or tackling a long term or persistent problem.
- Who has made a significant and meaningful impact on other's lives within Northamptonshire.

There are two categories for this award; those aged 24 and under, and those aged 25 and over.

Please go onto www.northantspcc.org.uk to register your nomination, the deadline date for receiving nominations is 30th January 2016. If you have any questions about the Commissioner's award please contact Leanne Buckingham at leanne. buckingham@northantspcc.pnn.police.uk or telephone on 01604 888113.

Shortlisted nominees will be invited to a celebratory awards event in early March 2016.

Please help us to recognise remarkable contributions throughout Northamptonshire.



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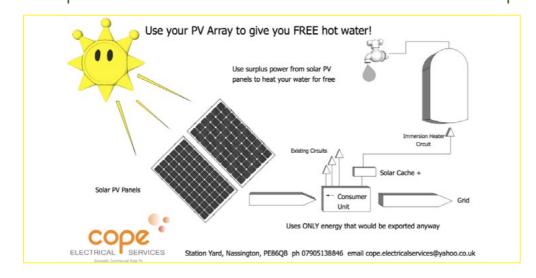
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#### **USEFUL NUMBERS AND INFORMATION**

For more see the village website: www.woodnewtonhub.co.uk

Village Hall Booking Abbie Smith 01780 470691

Woodnewton Neighbourhood Watch woodnewtonnw@googlemail.com
Police 101 (non emergency report, suspicious behaviour and enquiries)

**Doctors Surgeries** 

Oundle 01832 275375 Wansford 01780 782342

**Veterinary Surgeries** 

Oundle 01832 273521 Yarwell 01780 783910

Woodnewton Mobile Library 16:00 - 16:45 Orchard Crescent every fourth

Wednesday of the month.

#### **DIARY DATES**

**January** 

Mon 4th Parish Council Meeting @ 7pm Pg 1
Mon 4th Pantomime tickets go on sale Pg 7
Sat 9th Village walk Pg 6

**February** 

Thurs 4th - Sat 6th Anthony & Cleopatra - pantomime Pg 7

### **NEWSLETTER & WEBSITE CONTACTS**

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The Newsletter is edited and published by Liz Holland, 26, Orchard Lane, Woodnewton.

Any views expressed in the Newsletter are not necessarily those of the Parish Council unless otherwise stated.

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